

# Community Development Service

For BME (Black and Minority Ethnic)  
Communities



Mental Health Advice and Support for People  
from Diverse Communities in Cornwall

**Telephone: 01726 862727**

# What we do



## Support Services

Community Development Workers (CDWs) offer support to Black and Minority Ethnic (BME) communities – including migrant workers and gypsies and travellers. We are based at Pentreath and work with people across Cornwall experiencing mental health difficulties, including stress, anxiety, isolation and low mood. We work with individuals, families, carers and communities. Our services range from one-to-one support through to training service providers to improve health outcomes for BME communities.

We aim to reduce any fear around using mental health services and help BME communities to access appropriate support with the aim of achieving equality of service and outcomes. We accept referrals from other services and self-referrals.

[cdw@pentreath.co.uk](mailto:cdw@pentreath.co.uk)



## Inpatient Support

CDWs provide support to all BME patients admitted to hospital because of mental health difficulties and will also offer support to their families, carers and staff. We will help support people throughout their stay in hospital, and our services will continue after discharge. Our help can range from making sure cultural or religious requirements are being met to supporting people to find suitable accommodation after discharge.

[24hour@pentreath.co.uk](mailto:24hour@pentreath.co.uk)



## Service Development

CDWs are also involved in identifying gaps and developing services for BME communities.

- We are working on developing an interpretation service with a mental health specialism.

[interpretation@pentreath.co.uk](mailto:interpretation@pentreath.co.uk)

- Pentreath are one of five third party reporting centres for hate crime across Cornwall. We recognise the impact hate incidents and crimes can have on mental health (including isolation and anxiety) and will support people who are facing these issues.

[hatecrime@pentreath.co.uk](mailto:hatecrime@pentreath.co.uk)